



Analysis of Martial Arts Culture and Enlightenment from Martial Arts Film and Television: A Case Study of the *Wong Fei Hung* Film Series

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Abstract

As an important part of traditional Chinese culture, martial arts culture still has a profound influence on contemporary society. The *Wong Fei Hung* series of films, as representative works of martial arts films, not only showcases exquisite martial arts skills but also contains profound cultural connotations. The article takes the *Wong Fei Hung* film series as the research object to deeply analyze the elements of the martial arts culture in it, explore the presentation of "wu" and "xia" in the film, and the martial arts spirit reflected in the changes in the protagonist's thoughts. Based on this, it reflects on the problems existing in contemporary martial arts film and television works, proposes to promote the spirit of martial arts, spread traditional culture, and tell Chinese stories well, etc. The research aims to provide new ideas for the creation and development of martial arts films and promote the inheritance and innovation of martial arts culture.

Keywords

Martial Arts Culture; Wong Fei Hung; Film Analysis; Cultural Inheritance; Film and Television Inspiration

1. Introduction

Martial arts culture, a cherished treasure of Chinese heritage, has long exerted a profound influence on literature and art, captivating audiences with its rich philosophical depth and heroic ideals (Hu, 2023). With the advent of film and television technology, martial arts films have become a vital medium for spreading and celebrating this cultural legacy. Beyond their thrilling action and dramatic narratives, martial arts films hold a unique cultural significance, embodying the values of chivalry, loyalty, and justice that are central to Chinese tradition.

The enduring popularity of martial arts films, both domestically and internationally, stems from their ability to merge cultural storytelling with cinematic spectacle. Among these, the *Wong Fei Hung* film series, directed by Tsui Hark, stands as a landmark in martial arts cinema (Teo, 2021). These films not only reached artistic pinnacles through their innovative visual style and action choreography but also deeply engaged with the cultural essence of martial arts. By crafting the iconic image of Wong Fei Hung, this series celebrated the spirit of Chinese martial arts and the core ideals of the chivalrous ethos.

This article uses the *Wong Fei Hung* series as a case study to explore how martial arts films can balance widespread

appeal with cultural depth. It delves into the martial arts cultural elements and their cinematic representation, examines the portrayal of martial arts spirit, and reflects on the challenges faced by contemporary martial arts films. Through this analysis, the discussion aims to offer fresh insights into the creative and cultural potential of martial arts cinema in the modern era.

2. Overview of the *Wong Fei Hung* Film Series

2.1 Background of film creation

The creative background of the *Wong Fei Hung* film series originated from the prosperous development of the Hong Kong film industry in the early 1990s. At that time, Hong Kong cinema was in its golden age, and martial arts and kung fu films were highly favored by audiences. Director Tsui Hark keenly captured this trend and decided to create a film series based on the historical figure Wong Fei Hung, which could not only showcase the charm of Chinese martial arts but also reflect the changes in modern Chinese society. Tsui Hark chose the character of Wong Fei Hung not only because of his superb martial arts skills but also because of his chivalrous spirit and patriotism (Tsang, 2022). At that time, as Hong Kong was about to return, society's attention to Chinese cultural traditions was increasing, which provided a favorable cultural atmosphere for the creation of the *Wong Fei Hung* film series. Tsui Hark hoped that this film series could not only meet the visual needs of the audience for martial arts movements but also convey profound cultural connotations, triggering the audience's reflection on national spirit and traditional values.

2.2 Main content of the movie

The "Wong Fei Hung" film series mainly revolves around the historical figure Wong Fei Hung, telling a series of stories that occurred in the late Qing Dynasty. The first part, "Wong Fei Hung's Ambition", focuses on the love between Wong Fei Hung and Thirteen Aunts, showcasing the story of Wong Fei Hung's struggle to protect Chinese miners and foreigners. The second part, "Wong Fei Hung's Son Should Be Self Strengthening", depicts the conflict between Wong Fei Hung and the Boxers, reflecting the complex social environment at that time. The third part, "Wong Fei Hung's Lion King Competition", focuses on Wong Fei Hung's participation in the Guangdong Lion King Competition, showcasing the charm of traditional martial arts. The fourth installment, "The King's Wind of Wong Fei Hung," tells the story of Wong Fei Hung's protection of Sun Yat-sen, highlighting his patriotism. The entire series revolves around Wong Fei Hung's growth, reflecting the internal and external troubles faced by Chinese society during the late Qing Dynasty, as well as the resilience and indomitable spirit of the Chinese nation in times of crisis. The film not only showcases exquisite martial arts movements but also incorporates a large number of historical elements and cultural connotations, becoming a classic work in martial arts films (Clini, 2020).

3. The Martial Arts Cultural Elements in the *Wong Fei Hung* Film Series

3.1 The presentation of martial arts skills

3.1.1 Exquisite display of traditional martial arts

The *Wong Fei Hung* film series showcases the subtleties of traditional martial arts through carefully designed action scenes (Lu, 2020). The martial arts designs in the films not only focus on visual effects but also emphasize the unique characteristics of various martial arts schools. Whether it's Wong Fei Hung's iconic "Tiger and Crane Double Fist" or other characters showcasing Baguazhang and Wing Chun, they are endowed with distinct personalities and styles. The presentation of these martial arts movements not only retains the essence of traditional martial arts but also incorporates modern film techniques, allowing the audience to intuitively feel the charm of martial arts. Through long-term training and tacit cooperation, action designers and actors transform complex martial arts techniques into smooth and beautiful screen language, allowing the audience to appreciate the profoundness of Chinese martial arts in a visual feast.

3.1.2 In-depth interpretation of the connotation of martial arts

The "Wong Fei Hung" film series not only focuses on the surface display of martial arts movements, but also deeply explores the inner spirit and cultural connotations of martial arts. Wong Fei Hung's actions embody the essence of martial arts cultivation. In the film, martial arts is not only a way to strengthen the body, but also a philosophy of self-cultivation (Altenburger-Gbenjen, 2020). Wong Fei Hung often teaches his disciples to be "well-rounded in both

civil and martial arts" and "use martial arts to stop fighting". This interpretation of the connotation of martial arts reflects the overall concept of "training muscles, bones, and skin externally, and training one breath internally" in traditional martial arts culture. The film also showcases the application of martial arts in practical life through different scenes, such as medical skills and acrobatics, demonstrating the close connection between martial arts and other traditional cultures, allowing the audience to deeply understand that martial arts are not only a fighting skill but also a comprehensive cultural system.

3.2 The embodiment of the chivalrous spirit

In the "Wong Fei Hung" film series, the embodiment of a chivalrous spirit runs through the entire process, becoming the core element in shaping character images and promoting plot development. As the protagonist, Wong Fei Hung's words and deeds embody the essence of a chivalrous spirit. He fearlessly stands up for the strong, protects the weak, and upholds justice. This spirit is demonstrated through multiple plot points in the film, such as fighting against foreigners to protect civilians and rescuing abducted women and children, and fighting against human traffickers. Wong Fei Hung's chivalrous behavior is not only reflected in his personal heroism but also in his adherence to social morality and moral standards (Ball, 2023). In the film, Wong Fei Hung always adheres to the principle of "chivalry and righteousness", and never gives up his beliefs even in the face of strong opponents or unfair treatment. This chivalrous spirit is not only embodied in the main character but also further strengthened through the shaping of other positive roles. For example, the wisdom and bravery of Aunt Thirteen and the loyalty and reliability of Liang Kuan are different manifestations of a chivalrous spirit. Through the interaction of these characters and the growth films, the connotation of chivalrous spirit is deeply discussed, showing how this spirit can be inherited and developed in a complex social environment. Through the interpretation of chivalrous spirit, the series of films "Wong Fei Hung" not only inherits the essence of Chinese traditional culture but also provides thinking and enlightenment for modern audiences.

4. The Shaping of Wong Fei Hung's Image and Its Ideological Changes

4.1 The multidimensional characteristics of Wong Fei Hung's image

In the *Wong Fei Hung* film series, the portrayal of the protagonist Wong Fei Hung presents multidimensional characteristics. In terms of martial arts, Wong Fei Hung demonstrates superb martial arts skills and a profound foundation. Whether it is boxing techniques or weapon use, he has reached a state of perfection. This martial arts proficiency is not only reflected in the fight scenes but also in the persistence of martial ethics and the inheritance of martial arts in daily life. In terms of personality, Wong Fei Hung has both the chivalrous and righteous spirit of a hero and the humble and introverted nature of Confucianism. He dares to stand up when faced with injustice; In the face of weakness, he shows gentleness and kindness (Cherry, 2021). In terms of wisdom, Wong Fei Hung is not only proficient in martial arts but also knowledgeable in medical skills, capable of saving lives and helping the injured in times of crisis. The film also focuses on shaping Wong Fei Hung's patriotic feelings, closely linking his personal destiny with the fate of the nation. This multidimensional image shaping makes Wong Fei Hung a versatile hero with both a traditional chivalrous spirit and the ability to keep up with the times.

4.2 The evolution process of Wong Fei Hung's thought

In the *Wong Fei Hung* film series, the evolution of the protagonist's thoughts runs through the entire series, showcasing the thinking and growth of a martial arts master in the face of changing times. In the early days, Wong Fei Hung's thoughts were relatively traditional, mainly focusing on improving personal martial arts skills and maintaining local security. As the plot developed, Wong Fei Hung gradually realized the connection between personal martial arts skills and social responsibility. He began to think about how to use martial arts to protect the weak, resist foreign enemies, and elevate personal martial arts ethics to patriotism. After coming into contact with Western culture, Wong Fei Hung's thoughts became more open. He began to learn advanced Western technology and ideas while not forgetting to inherit the essence of Chinese culture (Li, 2023). The evolution of this ideology is reflected in his attitude towards foreigners, from initial resistance to later rational treatment. Wong Fei Hung's understanding of martial arts also continued to deepen, from simple martial arts to a moral system of self-cultivation and self-cultivation. This process of ideological evolution reflects the emotional journey of intellectuals in the late Qing Dynasty when facing the impact of the West and has profound historical significance.

5. The Cultural Connotation of the *Wong Fei Hung* Film Series

5.1 The manifestation of the national spirit

5.1.1 Patriotism and self-improvement

The *Wong Fei Hung* film series vividly showcases the spiritual core of the Chinese nation through the deeds of the protagonist Wong Fei Hung (Law, 2021). Patriotism runs through the entire series, and Wong Fei Hung has repeatedly stepped forward to protect his compatriots from foreign enemies, demonstrating a deep sense of patriotism. In the face of foreign invasion and oppression, Wong Fei Hung always stands on the standpoint of national interests and defends national dignity with his practical actions. This patriotic spirit is not only reflected in resisting foreign enemies but also in cherishing and inheriting our own culture. Wong Fei Hung's persistence and promotion of traditional martial arts is a way to protect our national culture. The spirit of self-improvement is reflected in Wong Fei Hung's continuous improvement of martial arts and his attitude of never giving up in the face of difficulties. Even in adversity, Wong Fei Hung still adheres to his beliefs and strives to improve himself. This spirit also infects those around him, inspiring them to work together and make progress.

5.1.2 The embodiment of the spirit of benevolence and compassion

This spirit is mainly reflected in Wong Fei Hung's protection of the weak and tolerance towards enemies (Mercier & Deslandes, 2020). In the film, Wong Fei Hung often steps forward to rescue the weak and treats everyone in need equally, regardless of social status. This behavior not only demonstrates Wong Fei Hung's chivalrous spirit but also embodies the Chinese culture of "benevolence loves others". What is even more commendable is that Wong Fei Hung often gives tolerance and opportunities to his enemies. He does not use force to suppress people but rather uses virtue to persuade them, trying to resolve conflicts and avoid unnecessary harm. This kind of benevolent spirit transcends the simple opposition between good and evil and presents a higher level of moral realm. Through the display of these spiritual connotations, the *Wong Fei Hung* series of films goes beyond the scope of simple martial arts films, becoming an important carrier for promoting the national spirit and providing profound moral enlightenment for Guan.

5.2 The inheritance of traditional values

5.2.1 Inheriting the spirit of respecting teachers and valuing morality

The spirit of respecting teachers and valuing morality runs through the *Wong Fei Hung* film series and has become an important manifestation of the inheritance of traditional values. Wong Fei Hung's respect and gratitude for his master Wang Fangqiu are not only reflected in his words but also in his actions in practicing his master's teachings. The film repeatedly shows scenes of Wong Fei Hung recalling his master's teachings, which not only inherit martial arts skills but also comprehend the principles of being a good person (Altenburger-Gbenjen, 2020). Wong Fei Hung internalized his master's teachings as his own code of conduct, often using his master's teachings as a guide when facing difficulties and challenges. This spirit of respecting teachers and valuing the Way is not only reflected in the teacher-student relationship but also extends to Wong Fei Hung's attitude towards his own disciples. As the head of Baozhilin, Wong Fei Hung strictly demands his disciples, but also provides care and guidance, becoming a virtuous teacher-student inheritance relationship. Through this way, the film deeply interprets the deep meaning of "one day as a teacher, lifelong as a father" in Chinese culture, demonstrating the intergenerational inheritance of knowledge and morality.

5.2.2 Moral adherence to loyalty, righteousness, and integrity

As one of the core values of traditional Chinese culture, loyalty, righteousness, and integrity are fully reflected in the "Wong Fei Hung" film series. Loyalty, righteousness, and integrity are some of the most distinctive traits in the character portrayal of Wong Fei Hung (Lu, 2020). In the face of power oppression and unfair treatment, Wong Fei Hung always adheres to his moral principles and fearlessly resists power. In the film, Wong Fei Hung faces moral choices multiple times, such as whether to confront strong foreigners and whether to stand up for weak groups. Every time, Wong Fei Hung chooses to uphold justice, even if it means bearing great risks. This kind of loyalty and righteousness not only reflects in personal behavior but also extends to loyalty to one's family and country. Wong Fei Hung's adherence to traditional culture and the maintenance of national interests reflect his profound patriotism. Through the behavior of Wong Fei Hung and his companions, this traditional value of loyalty and righteousness is conveyed, demonstrating its importance and vitality in the face of the impact of modernization. This moral adherence is not only an inheritance of traditional culture but also an inspiration for the moral construction of modern society.

5.2.3 Modern interpretation of family values

The concept of family has been uniquely interpreted in the *Wong Fei Hung* film series. This concept is mainly reflected in Wong Fei Hung's management of Baozhilin and his protection of his family. In the movie, Baozhilin is not only a martial arts school but also a big family. Wong Fei Hung's dedicated management of Baozhilin reflects his sense of responsibility towards his family. This family concept is not limited to blood relations but also extends to the entire community, reflecting the concept of "big family" in Chinese culture. Wong Fei Hung regards Baozhilin's disciples and neighbors as his own family and provides protection and assistance for them (Huang et al., 2023). This expanded family concept showcases the idea of "homogeneity of family and country" in traditional culture, closely linking individuals, families, and society together. Through this modern interpretation of films, traditional family concepts are revitalized in modern society, allowing audiences to feel the inclusiveness and adaptability of traditional culture. Through the display of these traditional values, the "Wong Fei Hung" series of films reinterprets the charm of traditional culture in modern society, allowing audiences to appreciate exciting martial arts scenes while also feeling the profound heritage of traditional culture.

5.3 Exploration of cultural integration

The "Wong Fei Hung" film series delves deeply into cultural integration, reflecting the complexity of cultural exchange between China and the West during the late Qing Dynasty. In the film, Wong Fei Hung, as a representative of traditional culture, exhibits an open and inclusive attitude towards Western culture. This attitude is reflected in Wong Fei Hung's learning of Western technology and understanding of Western thought, such as learning to use Western firearms and accepting Western medical knowledge, all of which demonstrate his acceptance of new things. The film also portrays the contradictions and conflicts that arise from the collision of Chinese and Western cultures, such as the invasion and cultural prejudice of Western powers. Wong Fei Hung not only adheres to the excellent traditions of Chinese culture but also absorbs the positive factors of Western culture in these conflicts, demonstrating the possibility of cultural integration. The film also explores equality and mutual respect in cultural exchange through Wong Fei Hung's interactions with foreigners. This exploration of cultural integration not only reflects historical facts but also provides useful inspiration for cultural exchange in modern society.

6. Challenges in Modern Martial Arts Cinema

6.1 The lack of martial arts spirit

Contemporary martial arts films and television works display significant deficiencies in conveying the martial arts spirit. Compared to the iconic *Wong Fei Hung* series, many modern productions overly emphasize visual effects and action choreography, sidelining the profound values inherent in traditional martial arts. The martial arts spirit traditionally highlights virtues such as chivalry, loyalty, and justice, which were integral to the *Wong Fei Hung* series (Yang, 2020). However, modern protagonists often lack this moral and philosophical depth, appearing as mere embodiments of brute force or individual heroism. Instead of fostering reflection on life and societal values, contemporary works are often reduced to superficial spectacles, stripping martial arts of their rich cultural and spiritual essence.

6.2 Lack of cultural depth

Modern martial arts productions also exhibit a noticeable absence of cultural depth. Unlike the *Wong Fei Hung* series, which seamlessly interwove thrilling martial arts sequences with explorations of Chinese traditions and responses to Western cultural influences, contemporary works remain on the surface. They often rely on visual representations of cultural symbols, such as period costumes and weapons, without delving into the underlying principles of Chinese culture. Key traditional values, including respect for teachers, moral integrity, loyalty, and righteousness, are frequently neglected (Hossain, 2023). Moreover, historical contexts are treated superficially, failing to explore the nuanced cultural conflicts and integrations of evolving eras as effectively as the *Wong Fei Hung* series. This lack of cultural depth diminishes the potential for modern martial arts works to leave a lasting legacy or serve as meaningful vehicles for traditional cultural preservation. To reverse this trend, creators must revisit the essence of martial arts culture and infuse their works with profound cultural insights.

7. Cultural Depth in Contemporary Storytelling

7.1 The lack of martial arts spirit

Modern martial arts films and television series suffer from a weakened portrayal of the martial arts spirit. Unlike the

Wong Fei Hung films, which embodied chivalry, justice, and loyalty, contemporary productions often prioritize flashy action sequences and special effects over meaningful narratives. The martial arts spirit, historically a guiding philosophy encouraging moral reflection and societal contributions, is now overshadowed by displays of individualism and physical prowess (Chewachong, 2024). This shift has caused martial arts media to lose its role as a cultural and ethical guide, reducing its impact on audiences and disconnecting it from its traditional roots.

7.2 Lack of cultural depth

Cultural richness is another area where modern martial arts productions fall short. The *Wong Fei Hung* series blended martial arts action with deep reflections on Chinese traditions and Western cultural dynamics. In contrast, many current works use surface-level representations of traditional elements, such as costumes and weaponry, while neglecting the underlying principles of Chinese culture. They fail to explore timeless values like loyalty, respect, and moral virtue. Furthermore, modern narratives rarely provide thoughtful commentary on historical and cultural transformations, leaving their storytelling less impactful. To regain cultural depth, contemporary filmmakers must integrate the essence of martial arts culture and traditional wisdom into their narratives (Qianyu, 2024).

8. Revitalizing Martial Arts Spirit

8.1 The lack of martial arts spirit

The martial arts spirit, once a defining feature of the genre, is increasingly absent in modern productions. The *Wong Fei Hung* series epitomized this spirit through its emphasis on chivalry, justice, and communal responsibility. However, recent works often prioritize visually spectacular fight scenes at the expense of the deeper philosophies that have long defined martial arts. The result is a genre that feels disconnected from its cultural roots, offering action without the moral and ethical considerations that once made martial arts stories profound and inspiring (Genç, 2023).

8.2 Lack of cultural depth

Cultural exploration is another critical area where modern martial arts films and television series need improvement (Bowman, 2021). The *Wong Fei Hung* series stood out not only for its martial arts choreography but also for its thoughtful portrayal of Chinese traditions and its engagement with cultural and historical dynamics. In contrast, contemporary works frequently lean on shallow depictions of cultural elements, failing to engage with the essence of Chinese traditions or explore their relevance in changing historical contexts. To revitalize the genre, filmmakers must rediscover and integrate the philosophical and cultural richness that once defined martial arts cinema, creating works that resonate on both emotional and intellectual levels.

9. Inspiration from the *Wong Fei Hung* Film Series

9.1 Promote the spirit of martial arts

The *Wong Fei Hung* film series effectively promotes the spirit of martial arts through exciting martial arts scenes and profound interpretations of martial ethics. The martial arts portrayed in the films are not only physical skills but also spiritual pursuits. Wong Fei Hung's martial arts achievements reflect the results of long-term hard training and unremitting pursuit, and this persistent spirit is the core of the spirit of martial arts. In the film, martial arts are depicted as a way of self-cultivation and character-building. Through practicing martial arts, characters not only gain strong physical fitness but also cultivate resolute character and noble sentiments. This combination of martial arts and moral cultivation provides modern audiences with a new understanding of martial arts. The film also uses scenes where Wong Fei Hung teaches his disciples the importance of martial arts inheritance, emphasizing that practicing martial arts is not only for physical fitness but also for cultural inheritance and cultivating upright character (Halub, 2024). The promotion of this martial arts spirit has important implications for reshaping a healthy and upward lifestyle in contemporary society.

9.2 Spread traditional culture

9.2.1 Modern presentation of traditional culture

The *Wong Fei Hung* film series successfully presents traditional culture in modern film language, opening up new avenues for the dissemination of traditional culture. Traditional cultural elements are cleverly integrated into the story

plot and character shaping, allowing the audience to silently accept the influence of traditional culture while enjoying the wonderful stories. For example, the traditional Chinese medicine culture in the film is showcased through the daily operations of BaozhiLin, while the martial arts culture is reflected through exciting martial arts scenes and interpretations of martial ethics. This combination of traditional culture and modern film art greatly enhances the attractiveness and infectiousness of traditional culture. The film also restores the social landscape of the late Qing Dynasty through detailed depictions such as clothing, architecture, and etiquette, providing the audience with a vivid window to understand traditional culture. The interpretation of traditional culture in the film is not simply copied, but endowed with new contemporary connotations (Haiyan et al., 2024). The traditional culture of the "Wong Fei Hung" film series has been widely spread, enhancing our sense of identity and pride in traditional culture, and also inspiring people to think about how to inherit and develop traditional culture in modern society.

9.2.2 Inclusiveness and confidence in cultural communication

The *Wong Fei Hung* film series showcases the tolerance and confidence of traditional culture in the face of foreign cultures, which has important implications for cultural dissemination in the context of globalization today. The image of Wong Fei Hung in the film is both traditional and modern, adhering to traditional values and accepting new things. This attitude provides an example of the modern spread of traditional culture. In the film, Wong Fei Hung is not only proficient in traditional Chinese martial arts but also understands and uses Western scientific knowledge, demonstrating the openness and inclusiveness of traditional culture. This approach tells us that the spread of traditional culture should not be simply copied and copied, but should be interpreted and displayed in a way that modern people can understand and accept while maintaining the essence of culture. The film also shows confidence in Chinese culture through Wong Fei Hung's exchanges with foreign countrymen (Xu, 2022). Even in the face of advanced Western technology, Wong Fei Hung is still able to use traditional Chinese wisdom to solve problems, reflecting cultural confidence. This confidence is not closed and exclusive, but based on an open attitude towards one's own culture. The success of the "Wong Fei Hung" film series provides a useful reference for the dissemination and development of traditional culture in modern society, inspiring us to maintain cultural characteristics while keeping pace with the times in cultural dissemination and finding a balance between tradition and modernity.

9.3 Tell a good Chinese story

The *Wong Fei Hung* film series has provided profound inspiration in telling Chinese stories well. The movie takes Wong Fei Hung, a historical figure, as the protagonist, vividly depicting the social changes and cultural conflicts of the late Qing Dynasty through his personal experiences and ideological changes. This storytelling style is both historically authentic and artistically infectious, allowing the audience to deeply understand the complexity of that era. The movie inspires modern creators that telling Chinese stories well requires selecting characters and events that can represent the characteristics of the times and cultural essence, reflecting the historical process of the entire nation through the fate of individuals (Hung, 2023). The depiction of cultural exchanges between China and the West in the movie also provides a reference for telling Chinese stories in the context of globalization today. Telling a good Chinese story is not just about self-praise, but about objectively showcasing the unique charm and inclusiveness of Chinese culture. The success of the *Wong Fei Hung* film series internationally also demonstrates that excellent Chinese stories have the ability to resonate with global audiences. This inspires creators to highlight cultural characteristics and pay attention to universal values when telling Chinese stories, making the stories both national and international. Through the inspiration of the *Wong Fei Hung* film series, Chinese stories can be better told on the global stage, showcasing the charm of Chinese culture.

10. Conclusion

This analysis highlights the importance of integrating martial arts philosophy with modern filmmaking. Future works should balance visual innovation with cultural depth to ensure martial arts cinema continues to inspire and educate. As a classic of martial arts films, the *Wong Fei Hung* series not only showcases exquisite martial arts skills but also contains profound cultural connotations. Through the analysis of martial arts cultural elements in the films, it can be seen that the martial arts spirit still has important value in contemporary society. When creating martial arts film and television works, attention should be paid to the inheritance of the martial arts spirit, and the essence of traditional culture should be deeply explored to tell Chinese stories with modern expression techniques. Only by merging martial arts culture with contemporary values can we create exceptional works that possess both artistic allure and cultural depth, promoting the inheritance and innovation of martial arts culture.

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